

YOU
**IT'S WHAT'S
FOR DINNER**



HELP PREVENT WEST NILE VIRUS

Drain Standing Water

Mosquito-Proof Your Home

Apply Insect Repellent*

Wear Long Sleeves and Pants*

Consider Limiting Outdoor Activity*

***Take extra care during the peak mosquito hours from dusk to dawn.
Go to www.c-uphd.org/west-nile-virus.html for more information about WNV.**



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District
www.c-uphd.org